



Rio Grande Educational Collaborative Before and After School Program Lesson Plan



Guidelines:

Lessons should be at least (60) minutes, and **MUST** pertain to literacy.

Lesson Title:	Rely Race
School:	Seven-Bar Elementary School
Date:	08/26/2017
Instructor Name:	Lindsey Murray
Class Size:	25

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Lessons should be at least (60) minutes, and **MUST** pertain to literacy.

<p>NM Common Core/State Standards: NMAC Physical Education: Grades K-4 benchmark 1: Demonstrate competency in selected motor skills, S.L.3.2: Engage effectively in arrange of collaborative discussion.</p>	<p><i>For more information on NM Common Core/State Standards visit:</i> http://newmexicocommoncore.org/ http://www.mystandards.org/</p>
<p>Learning Objectives: The kids will learn about teamwork, communication, motor skills, and the use of physical skills in order to do their best in the rely, and try there very best to win.</p>	<p><i>[Instructional context:]</i> i.e. After listening to "If You Decide to Go to the Moon" by Faith McNulty and identifying relevant words during the readaloud <i>[what students will do:]</i> i.e. Students will write a list of words <i>[Standard was met as demonstrated by:]</i> i.e. Students can identify, spell and define sight words as demonstrated by post activity trivia</p>
<p>Lesson Materials & Equipment: 1. Hula hoop 2. Bean bag</p>	<p>Please include all items and the quantity.</p>
<p>Special Requests for RGEC Equipment:</p>	

Instructional Sequence:



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Please Note: This section should be written so that another Instructor could pick it up and teach the lesson successfully. Include estimates of wait time, questions you may ask, and as many specific details as possible.

Body of the Lesson

1. (What you will say/do to assess, connect to, or build, necessary background knowledge.
2. Describe step-by-step what the students will be doing during the lesson.
3. Opportunities to participate in small groups.
4. Activity to process daily participation

Instructional Sequence:

You will first need to set up the hula hoops in a row, and assign 3 kids to each. Next put two bean bags in each of the hula hoops. You will then divide kids into 2 teams. Next the kids will hop from hula hoop to hula hoop picking up each of the bean bags. Only 1 student at a time. The next student will go once they have been tagged by their teammate. After the students have completed this, and won, you will move again, and add different rules to make it more challenging for the kids!

Lesson Credits:

Where did you get your ideas for your lesson? (i.e. website, etc.)