



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

Lesson Title:	Cross the Lava Pit	School: Governor Bent	Date: 1/19/20
Instructor Name:	Alexis Kanne		
Class Size	30	Lesson Credits: (Where did you get your ideas for you lesson ie: website) Play works binder	

Guidelines: Lessons should be at least 60 minutes, and MUST pertain to literacy.

NM State Standards:	New Mexico- National PE Standards:		
Please Visit www.mystandards.org	NMAC 6.29.9 Physical Education CONTENT STANDARDS WITH BENCHMARKS AND PERFORMANCE STANDARDS FOR PHYSICAL EDUCATION Content standard 1: Demonstrates competency in many movement forms and proficiency in a few movement forms Content standard 2: Applies movement concepts and principles to the learning and development of motor skills Content standard 3: Exhibits knowledge and ability to participate in a physically active lifestyle. Content standard 4: Achieves and maintains a health-enhancing level of physical fitness Content standard 5: Demonstrates responsible personal and social behavior in physical activity settings Content standard 6: Demonstrates understanding and respect for differences among people in physical activity settings Content standard 7: Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction		
Learning Objectives:	<u>[Instructional context]</u> After listening to <i>If You Decide to Go to the Moon</i> by Faith McNulty and identifying relevant words during the read-aloud <u>[what students will do]</u> students will write a list of words <u>[what students will learn]</u> that are content-specific vocabulary. <hr/> Students will be able to work as a team and coordinate crossing the lava <hr/> Students will be able to be active and practice wellness		
Lesson Materials & Equipment	Item:	Quantity:	Special Requests for RGECE Equipment:
	Hula hoops	multiple	
	Play ground		

INSTRUCTIONAL SEQUENCE Please note: <i>This section should be written so that a substitute teacher could pick it up and teach the lesson successfully. Include estimates of wait time, questions you may ask, and as many specific details as possible.</i> *Body of the Lesson: 1. (What you will say/do to assess, connect to, or build, necessary background knowledge. 2. Describe <u>step-by-step</u> what the students will be doing during the lesson. 3. Opportunities to participate in small groups. 4. Activity to process daily participation			
<ol style="list-style-type: none"> 1. Explain to the kids that the woodchip area is the lava and they can't touch it. <hr/> 2. Lay the hula hoops around the playground and explain that the kids can use the hula hoops and playground equipment to navigate around the woodchips <hr/> 3. Break the kids up into groups of 2 to 5 and explain that the group that gets across first wins <hr/> 4. You can make accommodations such as the kids being allowed to touch the lava for at least 3 seconds <hr/> 			

Signature: _____ **Date:** _____