



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

TITLE OF LESSON: Mirror Mirror **DATE:** _____

SITE NAME: _____ **CLASS SIZE:** _____

NAME(S) OF INSTRUCTOR: _____

CREDIT: (ie: website, pinterest,) _____ Warren, J., Asfaw, A.H., Stoffers, L. & Trujillo, N.(2018). Who I am and can be: The magic mirror.

The Association For Creativit In Counselin _____

NM COMMON CORE: (SEL Standard): Insight

2B. students recognizes personal strengths. "I am aware of my strengths" CASEL Standard: Self-Awareness

LEARNING OBJECTIVES:

Students will understand the following: (What students will be learning)

1. ___ Students will learn about personal strengths and how to identify and connect to their learning.
2. Students will be able to identify at least three personal strengths.
3. Students will be able to tell a trusted adult about their personal strengths.

ACTIVITY:

Instructional Sequence: (Step by step instructions, should another instructor pick up and teach the lesson successfully)

1. ___ Read the mirror story
2. What do they see in their own mirrors?
3. How might others see something different?
4. Distribute the mirror mirror handout and encourage students to write at least 3 or more personal strengths when they see themselves.
5. ___ Encourage students to remind themselves of these strengths each time they look at themselves in the mirror.
6. ___ (students that have completed the mirror mirror handout with at least 3 strengths have successfully completed the lesson)
7. Reflection/wrap up To close the lesson invite each student to share with the class, do this in a closing round in a group circle.
8. (Continue to build strengths throughout the academic year. This is just the starting point).

MATERIALS:

The following materials or equipment needed for this lesson: (Include special equipment request)

1. ___ The mirror story (See Below)
2. Mirror mirror activity sheet.
3. Crayons and/or paints (any decorative item you want to offer students)

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____

4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)

9. Comments: Mirror mirror story

The Mirror Story

Every little child in the town of Oakville had a special mirror, except Sidney.

Little Rose had a delicate, round, pink mirror with rosebuds along the side. When she looked in it, if she cried the mirror cried and reflected her small tears. If she laughed, the mirror laughed with her, reflecting the joy of her smile and the brightness in her eyes.

Sidney did not have a mirror. He was sad, but he could not see his tears.

Timothy had a mirror shaped like a football. His father was a football fan and wanted his son to play some day. Tim would make growling faces to his mirror and the mirror growled back. Tim was not sure he

wanted to play football, but only his mirror knew that secret thought. If Tim were scared, he could look in his mirror and the mirror showed him what fear looks like. That was comforting to know the mirror understood.

Sidney felt no understanding. Sidney was lonely.

Margie had a mirror the size of a refrigerator. She could see everything. When she danced the mirror danced. She would dance and dance and dance. Sometimes Margie's mirror was too big and it scared her. She did not know if she could fill it up, but she would keep trying. Sidney did not know how to dance, nor if he could.

Sam had a very small mirror that fit in his back pocket. Sam was a very private person and he had some hard times in his life, especially when his mother died and he was only 3. Sam would know his mirror was there if he needed. Sometimes alone at night in bed he would talk to his mirror and his mirror would talk back. That was comforting.

Sidney wanted a mirror. Any mirror!! A used one, a cracked one, one with rosebuds.

When he went to Rose and asked her where she got her mirror, she answered that she always had it and did not know where it came from. Timothy thought he got his from his father. Margie got hers from her wealthy grandparents, with whom she lived. Sam thought maybe he found his in his mother's room the day before she died.

So where can Sidney find his mirror?

As he was looking down at his feet, too sad and dismayed to believe he would ever find a mirror of his own, suddenly before him appeared a store he never saw before.

On the front of it was posted "Mirrors available here for free". Sidney went in. The name of the store was "Love."

Sidney found his

mirror. _____
