



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

TITLE OF LESSON: Learning Something New: Can I ? DATE: _____

SITE NAME: _____ CLASS SIZE: _____

NAME(S) OF INSTRUCTOR: _____

CREDIT: (ie: website, pinterest,) _____

NM COMMON CORE: (SEL Standard)

Mindset 7A. Student demonstrates a willingness to learn especially when faced with challenges or following a failure. _____

LEARNING OBJECTIVES:

Students will understand the following: (What students will be learning)

1. Students will be able to describe strategies to show effort.
2. Students will be able to create personal "effort" motto.

ACTIVITY:

Instructional Sequence: (Step by step instructions, should another instructor pick up and teach the lesson successfully)

Ask the students:

- ▶ What is something new that you have tried to do?
Have you ever tried something and it was hard to do at first? What happened?
- ▶ Why is it sometimes hard to learn something new?
- ▶ What helped you learn? What did you do?

2. After asking a few of the above questions, share that the common theme is **effort-share** the definition of effort.

a. **effort:** important to keep trying and always work your hardest.

3. Now, share with the students a phrase that you have used to keep encouraging yourself when you were having difficulty learning. For example, statements like, "I can do this," or "I am going to keep trying." Invite the students to share some other statements that demonstrate giving good effort.

- ▶ I am going to keep trying.
- ▶ I think I can.
- ▶ I know I can do this.
- ▶ I am doing my best.
- ▶ I just haven't got this figured out YET.

4. As a class, you can decide on an "Effort" motto that can be displayed in your room as a visual reminder to always give our best effort.

1. To close, each student is invited to create a personal "effort" motto. These mottos can be displayed on their desks, be placed in their desks, put in their folder-the student has choice on where they want to place them-where would be a good visual reminder _____

MATERIALS:

The following materials or equipment needed for this lesson: (Include special equipment request)

1. Any item to your learning example
2. Crayons
3. Colored pencils

4. Markers
5. Paper

SIGNATURE: _____ **DATE:** _____
SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy) _____

9. Comments:
