



Rio Grande Educational Collaborative

Before and After School Program Lesson Plan

TITLE OF LESSON: Blindfolded Maze

DATE:

SITE NAME:

CLASS SIZE:

NAME(S) OF INSTRUCTOR:

DURATION OF LESSON:

CREDIT (website used/name of author): <https://www.leadershipgeeks.com/team-building-activities/>

COMMON CORE STANDARDS: CCSS.ELA-LITERACY.SL.1.1.B, CCSS.ELA-LITERACY.SL.3.1.B, CCSS.ELA-LITERACY.SL.5.1.B

LEARNING OBJECTIVES:

Students will understand the following:

- Develop bonds and practice listening to their peers.

ACTIVITY:

Instructional Sequence:

(Step by step instructions, should another instructor pick up and teach the lesson successfully)

1. All participants in the group will be blindfolded except for one, the leader.
2. This leader will be giving instructions to the blindfolded participants.
3. The blindfold participants have to stand in a straight line, with their hands on the shoulders of the person in front of them.
4. When the time starts, the leader has to guide these participants through a man-made obstacle course (set up by you) in the shortest time possible.
5. The leader has to shout instructions: "Turn left, Walk 2 steps forward..." and so on.
6. The leader is not allowed to touch the team members but only allowed to give instructions.
7. In the course of moving through the obstacles, they are not allowed to let go of their partner's hip.
8. The round is complete when the last person has passed through the finish line.
9. The time taken must be recorded down for both groups, and the group that finishes faster wins.
Alternatively, if you only have one group, they can change their leader and repeat the exercise to see if they can beat their time.

MATERIALS:

The following materials or equipment needed for this lesson:

(Include special equipment request)

- Blindfolds, one for each participant
- Chairs and tables to form an obstacle course in the play area. (How you choose to arrange these chairs and tables is up to you)
- A stopwatch

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)

9. Comments: _____

