



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

TITLE OF LESSON: Fresas Con Crema

DATE:

SITE NAME:

CLASS SIZE:

NAME(S) OF INSTRUCTOR:

DURATION OF LESSON:

CREDIT (website used/name of author): Kevin Saavedra

COMMON CORE STANDARDS: CCSS.ELA-LITERACY.SL.1.1.1, CCSS.ELA-LITERACY.SL.4.1, CCSS.MATH.CONTENT.4.MD.A.1

LEARNING OBJECTIVES:

Students will understand the following:

- Modifying a recipe by measuring ingredients for a single serving in proportion to the original ingredients
- Preparing food safely and understand the precautions necessary to do so

ACTIVITY:

Instructional Sequence:

(Step by step instructions, should another instructor pick up and teach the lesson successfully)

For each cooking lesson, students and teachers will:

- Spray and wipe the table with food-safe sanitizing spray.
- Wash their hands for 20 seconds with soap and warm water.
- Be responsible for cleaning up after themselves.

Pull 2 students aside at a time.

Have each student:

1. -Measure $\frac{1}{4}$ cup of condensed milk
2. -Mix with $\frac{1}{4}$ cup of sour cream
3. -Add evaporated milk if a smoother texture is desired
4. -Add vanilla in $\frac{1}{2}$ teaspoon sized amounts if a sweeter taste is desired
5. -Top with strawberries and whipped cream and enjoy

MATERIALS:

The following materials or equipment needed for this lesson:

(Include special equipment request)

- Sour cream
- Frozen Strawberries
- Sweetened condensed milk
- Evaporated milk
- Vanilla extract
- Whipped cream
- Paper bowls
- Cooking Utensils
- Microwave

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)

9. Comments: _____

