



# Rio Grande Educational Collaborative Before and After School Program Lesson Plan

**TITLE OF LESSON:** Hot Dogs

**DATE:**

**SITE NAME:**

**CLASS SIZE:**

**NAME(S) OF INSTRUCTOR:**

**DURATION OF LESSON:**

**CREDIT (website used/name of author):** Kevin Saavedra

**COMMON CORE STANDARDS:** CCSS.ELA-LITERACY.SL.1.1, CCSS.ELA-LITERACY.SL.4.1

## **LEARNING OBJECTIVES:**

**Students will understand the following:**

- Develop familiarity with cooking on a griddle
- Practice using a knife to safely cut meat
- Prepare food safely and understand the precautions necessary to do so

## **ACTIVITY:**

### **Instructional Sequence:**

(Step by step instructions, should another instructor pick up and teach the lesson successfully)

For each cooking lesson, students and teachers will:

- Spray and wipe the table with food-safe sanitizing spray.
- Wash their hands for 20 seconds with soap and warm water.
- Be responsible for cleaning up after themselves.

#### 1. Hot dogs:

- Divide the students into groups of two and call each group up one at a time.
  - Assign roles to each student to prepare these ingredients:
    - Buns: Slice the buns in half and toast each side (preferably with butter instead of cooking oil)
    - Dogs: Slice the hot dog with small triangular patterns along the back OR slice it in half. The former helps keep it from popping in the cooking oil, the latter adds surface area for a more uniform look.
- Cook on the griddle at about 320 degrees or more.

#### 2. After the hot dogs have been cooked, the students can add whatever garnishes they'd like to their dogs.

## **MATERIALS:**

**The following materials or equipment needed for this lesson:**

(Include special equipment request)

- Griddle or hotplate with skillet
- Hot dogs
- Toppings
- Mustard
- Relish
- Ketchup
- Onions
- Cheese
- Bacon bits
- Buns

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**SITE SUPERVISOR'S SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**INSTRUCTOR'S REFLECTION:**

**Reflection on the lesson given:**

1. How many students participated in the lesson given? \_\_\_\_\_
2. Name(s) of instructors participated. \_\_\_\_\_
3. How long did your lesson take? (Amount of time) \_\_\_\_\_
4. How did the students feel about the lesson? \_\_\_\_\_
5. Did the students like the lesson? \_\_\_\_\_
6. What part of the lesson did the students like? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. What part of the lesson did the students not like? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Were the students interested in the topic of the lesson? \_\_\_\_\_
9. Was the content of the lesson difficult for the students? \_\_\_\_\_
10. What could you have changed to make the lesson interesting? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
11. Did you have any trouble getting your lesson together? (Idea & Materials) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
12. How do you rate your lesson? (1-10) Why? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SITE SUPERVISOR'S REFLECTION:**

**Reflection on the instructor's lesson:**

1. How many students participated in lesson? \_\_\_\_\_
2. How many instructors participated in lesson? \_\_\_\_\_
3. Did the students enjoy the lesson? \_\_\_\_\_
4. What part did the students enjoy? \_\_\_\_\_  
\_\_\_\_\_
5. What part did the students NOT enjoy? \_\_\_\_\_  
\_\_\_\_\_
6. What could have been changed to make the lesson interesting? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Was the content of this lesson difficult for students to understand? Why? \_\_\_\_\_  
\_\_\_\_\_
8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)  
\_\_\_\_\_  
\_\_\_\_\_
9. Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_