



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

TITLE OF LESSON: Popcorn Balls

DATE:

SITE NAME:

CLASS SIZE:

NAME(S) OF INSTRUCTOR:

DURATION OF LESSON:

CREDIT (website used/name of author): Kevin Saavedra

COMMON CORE STANDARDS: CCSS.ELA-LITERACY.SL.1.1, CCSS.ELA-LITERACY.SL.4.1

LEARNING OBJECTIVES:

Students will understand the following:

- -Develop familiarity with cooking on a burner and boiling mixtures.

ACTIVITY:

Instructional Sequence:

(Step by step instructions, should another instructor pick up and teach the lesson successfully)

For each cooking lesson, students and teachers will:

- Spray and wipe the table with food-safe sanitizing spray.
- Wash their hands for 20 seconds with soap and warm water.
- Be responsible for cleaning up after themselves.

1. Show the students how the popcorn ball mixture is made:
 - a. In a saucepan over medium heat, combine the corn syrup, margarine, water, powdered sugar and marshmallows. Heat and stir until the mixture comes to a boil (see materials list for quantities).
 - b. Carefully combine the hot mixture with the popcorn in a separate bowl, coating each kernel.
2. Pull two students aside at a time:
 - a. When the mixture is safe to touch, but still warm, have each student coat their hands with cold water and quickly shape the coated popcorn into balls before it cools. Wrap with cellophane or plastic wrap and store at room temperature or in the fridge.

MATERIALS:

The following materials or equipment needed for this lesson:

(Include special equipment request)

20 Servings:

- $\frac{3}{4}$ cup light corn syrup
- $\frac{1}{4}$ cup margarine
- 2 teaspoons water
- $2\frac{5}{8}$ cups powdered sugar
- 1 cup marshmallows
- 5 quarts plain popped popcorn

Cooking Equipment:

- Hot plate / burner
- Large bowl
- Saucepan
- Whisk/spatula/something to mix with

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)

9. Comments: _____

