



Rio Grande Educational Collaborative Before and After School Program Lesson Plan

TITLE OF LESSON: Rainbow Grilled Cheese

DATE:

SITE NAME:

CLASS SIZE:

NAME(S) OF INSTRUCTOR:

DURATION OF LESSON:

CREDIT (website used/name of author): <https://www.youtube.com/watch?v=vymMEqE-Tgo>

COMMON CORE STANDARDS: CCSS.ELA-LITERACY.SL.1.1, CCSS.MATH.CONTENT.3.NF.A.3.A

LEARNING OBJECTIVES:

Students will understand the following:

- Practice measuring non-liquid ingredients in even amounts without using a scale

ACTIVITY:

Instructional Sequence:

(Step by step instructions, should another instructor pick up and teach the lesson successfully)

For each cooking lesson, students and teachers will:

- Spray and wipe the table with food-safe sanitizing spray.
- Wash their hands for 20 seconds with soap and warm water.
- Be responsible for cleaning up after themselves.

Take 2 students at a time to cook.

Have one student:

- Measure $\frac{1}{4}$ cup cheese in five separate bowls.
- Mix in one drop of food coloring into the bowls (each a different color).

Have the other:

- Heat the griddle.
- Spray the griddle with cooking spray.
- Spread the cheese onto bread in a rainbow pattern and put the top slice on.

Each student will take turns grilling one side of the sandwich. Once it is done, have them slice the sandwich in half, each of them receiving a slice.

MATERIALS:

The following materials or equipment needed for this lesson:

(Include special equipment request)

- White bread
- Mozzarella cheese (or other white cheese of your choice)
- Food coloring
- Cooking spray (PAM)
- Griddle
- Cooking utensils
- Bowls

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____

7. What part of the lesson did the students not like? _____

8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____

11. Did you have any trouble getting your lesson together? (Idea & Materials) _____

12. How do you rate your lesson? (1-10) Why? _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____

5. What part did the students NOT enjoy? _____

6. What could have been changed to make the lesson interesting? _____

7. Was the content of this lesson difficult for students to understand? Why? _____

8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)

9. Comments: _____

