Rio Grande Educational Collaborative
Before and After School Program Lesson Plan

TITLE OF LESSON: Blind Taste Test   **DATE:**

SITE NAME: **CLASS SIZE:**

NAME(S) OF INSTRUCTOR: **DURATION OF LESSON:**

CREDIT (website used): http://play-based-parenting.com/taste-testing-activity-children/?v=6cc98ba2045f

COMMON CORE STANDARDS: CCSS.ELA-Literacy.W.1.8, CCSS.ELA-Literacy.W.4.2.d

LEARNING OBJECTIVES:
Students will understand the following:
- How to identify a specific food based on taste
- Comparing and contrasting to narrow down choices

ACTIVITY:
Instructional Sequence:
(Step by step instructions, should another instructor pick up and teach the lesson successfully)

1. Before the game, prep the food by crushing it so that students won't rely on texture so much. It's also good to prepare a variety of familiar and unfamiliar foods and write the choices on the board so they can see their options beforehand.

2. Keep students in one part of the room or outside of the room and ask them to come in one-by-one. Blindfold the student and serve them each option. Have them try to identify the food they're eating.

3. Write down their responses (or ask another student or teacher to help record these responses). They may change their answers until they name the last one.

4. Calculate the number of correct answers.

Consider students' allergies and avoid things like peanut butter that might trigger these.

MATERIALS:
The following materials or equipment needed for this lesson:
(Include special equipment request)
- Different foods (e.g. jam, watermelon, marshmallow, pistachio, spinach, banana, etc.)
- Plates and serving utensils
- Pencils and paper

SIGNATURE: _____ **DATE:** _____

SITE SUPERVISOR'S SIGNATURE: _____ **DATE:** _____

INSTRUCTOR'S REFLECTION:

Reflection on the lesson given:

1. How many students participated in the lesson given? _____
2. Name(s) of instructors participated. _____
3. How long did your lesson take? (Amount of time) _____
4. How did the students feel about the lesson? _____
5. Did the students like the lesson? _____
6. What part of the lesson did the students like? _____
   _____
   _____
7. What part of the lesson did the students not like? _____
   _____
   _____
8. Were the students interested in the topic of the lesson? _____
9. Was the content of the lesson difficult for the students? _____
10. What could you have changed to make the lesson interesting? _____
    _____
    _____
11. Did you have any trouble getting your lesson together? (Idea & Materials) _____
    _____
    _____
12. How do you rate your lesson? (1-10) Why? _____
    _____

SITE SUPERVISOR'S REFLECTION:

Reflection on the instructor's lesson:

1. How many students participated in lesson? _____
2. How many instructors participated in lesson? _____
3. Did the students enjoy the lesson? _____
4. What part did the students enjoy? _____
   _____
5. What part did the students NOT enjoy? _____
   _____
6. What could have been changed to make the lesson interesting? _____
   _____
   _____
7. Was the content of this lesson difficult for students to understand? Why? _____
   _____
8. What part of STEAM or literacy was used? (Science, Technology, Engineering, Art, Mathematics or Literacy)
   _____
   _____
9. Comments: _____
   _____
   _____